

Understanding the Energy of your Child

A Parents Guide



7 Practical Solutions

by Jennifer Crews, M.A.

Contents

Solution 1 Know Yourself

Solution 2 Know the NEW Communication

Solution 3 Know Your Child's Element

Solution 4 Know the Energetic Systems – Part I

Solution 5 Know the Energetic Systems – Part II

Solution 6 Know the Energetic Systems – Part III

Solution 7 Know Your Child's Heart Talk

Introduction

It is important to share that this is not a guide teaching you how to be a parent. At the time of this writing, I am currently not a parent. I have yet to experience physical pregnancy, birth, or the raising of my own child. My experience instead is the blending of working with thousands of children and families of all different cultures, ages, medical diagnosis's, socio-economic backgrounds, cognitive and physical conditions. My life has granted me amazing opportunities to observe patterns among the new generation of children all over the world. These significant experiences paired with my own evolution in understanding energy and nonverbal communication is my mantle of expertise.

I became aware of energy existing simultaneously with the physical world starting at a very young age. My mother is highly gifted in energy and working with a variety of dimensions at one time. This challenged me in huge ways growing up. I often did not understand what my mom saw or experienced and therefore the concept of what was real or not real was a constant theme for me. I learned how what appears in the physical world does not necessarily match what is actually happening in the energetic emotional world or vice versa.

In my early twenties, I explored different energy vibration work starting with a self change of diet. I then enrolled in reiki classes and started a regular practice of yoga and meditation. My intuitive gifts appeared while working as a speech language pathologist with children who were nonverbal. As I expanded in my own energy awareness, my intuitive gifts soared. As my experiences with energy grew, combined with my world travels and intimate work with such a wide variety of children, I saw things from an entirely different vantage point. I could understand, see, and feel the energy of what was happening for each of these children. Sometimes it matched what was actually occurring in the physical world but, most of the time, it didn't. An aspect that I could clearly see was being missed by most parents, educators, and medical professionals working with children.

Today, I am excited to finally share the culmination of several strategies and approaches from working with children from the specific vantage point of energy in the educational, medical, and intuitive realms. Most of these techniques have been published in articles, a chapter in a colleagues' book, or just insights

shared with parents during one-on-one intuitive sessions. What started as scribbles in a journal, writings on a napkin, and the listening of words and suggestions that poured out of my mouth in conversations with parents and professional colleagues, have come together to form this guide.

Over the years I have received feedback through emails and phone messages from parents sharing their perspective on the great effectiveness of these solutions. Some parents have modified these approaches and have been inspired to create their own, utilizing these concepts as a base.

I encourage you to adapt and work with these solutions to match your child, your family, and yourself. We are all unique. Every child is unique and there is no one way of doing things. I have compiled all of these concepts into one guide as requested by frustrated parents and children. Yes, the children have been communicating with me, both verbally and nonverbally, eagerly wanting me to teach and bring awareness to you about understanding them energetically.

Each section of this guide will introduce one solution as an overall concept. I will discuss and define each concept from two vantage points. The first will be from the physical world vantage point. The second is a new paradigm in which is the very reason I am writing this guide and that is the energetic vantage point. I will provide you practical daily applications for each of the solutions. These are merely suggestions from which to start when exploring yourself and your child energetically. These daily strategies can be used starting today and are great building blocks from which to expand into your own ideas and observations of your child.

I invite you to email or call me to share the changes you have experienced in yourself and with your child once you apply these solutions. May these very solutions open your eyes by sharing a perspective that encompasses the whole child. When I refer to the whole child, I mean the physical systems WITH the energetic systems. Most techniques and self help books available today focus on the physical. Occasionally some focus on the energetic. What makes this guide one of a kind is its reference to both.

May this guide familiarize you with these new vantage points to assist in changing your perspective, our schools and our medical systems to better align with the new children. I hope you enjoy this guide and may it serve as a tool to expand, grow, shift, change and adapt to complement you and your family. Thanks for taking the time to open yourself to a new approach to getting to know this new generation of children. The new children of the world are in humble gratitude.